

Title: **The Book of Separation**

Author: **Tova Mirvis**

Genre: Non-Fiction

Subject: *Personal journey [away from] Orthodox beliefs*

Hook: *Difficult decision ... at age 40*

Reviewer's opinion: *Jarring to a more liberal mind set*

Reviewed by **Carol Barrington**
TBI member for 50 years

This book speaks to the difficult decision of the author to leave her Orthodox beliefs and husband at age 40. She **shares her anguish and determination** leading up to her decision. We then learn of her life as she begins a new chapter in her personal journey.

The reader feels the intense **pressure of a very restrictive life** that pervades everything that you do and think and say.

A glimpse into the extent of a woman's total dedication needed to lead an Orthodox life was jarring to a more liberal mind set.

