Reviewed by Carol Barrington
TBI member for 50 years

This book speaks to the difficult decision of the author to leave her Orthodox beliefs and husband at age 40. She shares her anguish and determination leading up to her decision. We then learn of her life as she begins a new chapter in her personal journey.

The reader feels the intense pressure of a very restrictive life that pervades everything that you do and think and say.

A glimpse into the extent of a woman's total dedication needed to lead an Orthodox life was jarring to a more liberal mind set.